

Please review the following instructions prior to your test for proper preparation.
Failure to follow these instructions may result in rescheduling the test.
Your appointment is scheduled for _____ at _____

Cardiac Thallium Stress Testing

If there is any possibility of pregnancy, this must be discussed with your physician before the test can be scheduled

1. You should plan to spend 2-3 hours at the clinic to complete this test.
2. Nothing to eat or drink after 10pm the night before your test. **NO CAFFEINE PRODUCTS 12 HOURS PRIOR TO STUDY DATE.**
3. Wear comfortable clothing and tennis shoes. Button down shirts or T-shirts with short sleeves are preferred. **Females please wear a sports bra if possible.** Do not use lotion the day of your test.
4. If you are Diabetic and have concerns please contact us.
5. If you take any of the following medications you should stop them for 2 days prior to the test unless your doctor tells you to continue:

BETAPACE (sotalol hcl)	BETAPACE AF
BLOCADREN (timolol maleate)	BETAXOLOL HCL(Kerlone)
COREG (carvedilol)	CORGARD (nadolol)
CORZIDE (nadolol-bendroflumethiazide)	INDERAL (propranolol)
INDERIDE (propranolol hctz)	LEVATOL (penbutolol)
INNOPRAN XL (propranolol hcl)	LOPRESSOR (metoprolol)
LOPRESSOR HCT	PINDOLOL(Visken)
NORMODYNE (labetolol hcl)	SECTRAL (acebutolol hcl)
TENORETIC (atenolol-chlorthalidone)	TENORMIN (atenolol)
TIMOLIDE (timolol maleate hctz)	TRANDATE (labetolol hcl)
TOPROL XL (metoprolol succinate)	ZEBETA (bisoprolol fumarate)
ACEEBUTOLOL(SECTRAL)	CARTEOLOL(CARTROL)
ESMOLOL(BREVIBLOC)	NEBIVOLOL(BYSTOLIC)
6. IF YOU HAVE ANY QUESTIONS PLEASE CALL 789-1134.
7. The first part of the test we will start an IV site and inject Thallium(this is not a dye). If you have trouble with IV's let the tech know. Then you will have pictures taken by a special camera. During the second part of the test you will be hooked up to a monitor and walked on a treadmill to elevate your heart rate. If you have concerns about walking on a treadmill you should talk to your Doctor prior to your test day. The third part of the test you will have your IV removed and another set of pictures taken.
8. All the information is sent to a cardiologist and the results are usually back in 7-10 days.
9. **If you are unable to keep your appointment, you need to notify us 24 HOURS PRIOR to your appointment date, at 789-1134 during normal hours or at 788-6963 after hours and on weekends. Failure to notify us of cancellation will result in you being charged for the Imaging doses.**