

VOIDING CYSTOURETHROGRAM

EVALUATION OF:

Post urinary tract infection.
Reflux

PREP:

No prep If there is any possibility of pregnancy, this must be discussed with your physician BEFORE any tests can be done.

PROCEDURE:

You will be asked to remove everything and be given two gowns. You will lay on your back on the x-ray table. A catheter will be inserted into your urethra by a nurse, this may cause some discomfort. Your bladder will be drained and iodinated contrast will be administered by the technologist or Radiologist. The tech will watch with x-ray as your bladder is filling. When the bladder becomes full, multiple pictures will be taken. The catheter is removed and additional pictures are taken while voiding.

POST:

Drink plenty of fluids to flush out the remainder of the contrast.