

BARIUM ENEMA

EVALUATION OF:

Bleeding
Pain
Constipation
Diarrhea
Colon cancer screening

PREP:

A special diet and prep kit will be given to the patient to use the day before the exam. Nothing to eat or drink after midnight the day prior to the exam. If there is any possibility of pregnancy, this must be discussed with your physician BEFORE any tests can be done.

PROCEDURE:

An enema tip is inserted gently into your rectum by the technologist. The radiologist will then introduce the barium or barium/air into your colon through this tube. You will be asked to move into different positions while multiple pictures are taken. After successful completion of the exam, the enema tip is removed and you are taken to the bathroom. Then a post picture will be taken. The test takes approximately 15 to 30 minutes.

POST:

Drink plenty of water over the next 24 hours to flush out your digestive system.

Call your physician in 3-4 working days for results.