

ARTHROGRAPHY

EVALUATION OF:

Pain
R/O tears

PREP:

None. If there is any possibility of pregnancy, this must be Discussed with your physician BEFORE any tests can be Done.

PROCEDURE:

You will be lying on your back on an xray table. The technologist may take preliminary pictures for the Radiologist to review prior to exam.

THIS IS A STERILE PROCEDURE.

The radiologist will then prep area to be injected. The skin is cleansed with a betadine antiseptic soap. A local anesthetic will be injected into the area around the joint. (This part does sting a little) A needle is then inserted into the joint space guided by fluoroscopy to ensure proper placement. A mixture of iodine and water is injected into the joint capsule. The needle will be removed. The radiologist then will exercise the joint and take multiple pictures.

Patient may experience some fullness, tightness in that joint this will usually go away in about 24 hours.

This procedure is also done for MRI ARTHROGRAPY. If you are having this procedure, you are escorted to the MRI suite after the injection.

POST:

Avoid vigorous exercise for at least 12 hours after procedure.