

## **BONE DENSITOMETRY**

DEXA(dual energy x-ray absorption) is used most often to diagnose osteoporosis.

**PROCEDURE** Be sure to wear comfortable clothing. Preferably nothing that has metal on it. The technologist will get a weight and height on the patient. You will then be asked to lay on a comfortable table on your back. The technologist will then scan the areas of interest with a low dose of x-ray. The entire procedure will approximately last 10-15 mins. If there is any possibility of pregnancy, this must be discussed with your physician BEFORE any tests can be done.

**POST:** Call your physician in one week for results.